

| | LUNDI | | | MARDI | | | MERCREDI | | | JEUDI | | | VENDREDI | | | SAMEDI | | | DIMANCHE | | |
|----|---|---------------|-------------|------------|---------------|-------------|------------|---------------|-------------|------------|---------------|-------------|------------|---------------|-------------|------------|---------------|-------------|------------|---------------|--|
| | Salle Pole | Salle Aériens | Aerial MVMT | Salle Pole | Salle Aériens | Aerial MVMT | Salle Pole | Salle Aériens | Aerial MVMT | Salle Pole | Salle Aériens | Aerial MVMT | Salle Pole | Salle Aériens | Aerial MVMT | Salle Pole | Salle Aériens | Aerial MVMT | Salle Pole | Salle Aériens | |
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| 30 | *Nous proposons d'autres cours de Pilates Reformer avec Aerial MVMT | | | | | | | | | | | | | | | | | | | | |
| 45 | consultez le site de notre studio partenaire www.aerialmvt.ch | | | | | | | | | | | | | | | | | | | | |